

## Message from TEC Directors

On behalf of Teacher Education College (TEC) and the Ministry of Education, Youth and Sport (MoEYS), I'd like to express my sincere thanks to Tokyo Gakugei University for the School Health Project and for organizing this training workshop with the support of the Nippon Foundation to Lecturers in the TEC, both in Phnom Penh and Battam Bang, regarding to the Health Education contents have been developed for TEC curriculum. The Health Education is a crucial challenge for TEC as well as for Cambodian Education due to lack of lecturers or teachers specialized in this subject, whereas it does include in the current school curriculum. Truly, we would be difficult in the development of health education syllabus and the teaching document without the support of Tokyo Gakugei University and the Nippon Foundation. I also strongly believe that through this project we will produce qualified teachers specialized in Health Education for schools in Cambodia graduating from the TEC in future.

Again, I'd like to express my gratitude to Tokyo Gakugei University and the Nippon Foundation, as well as KIZUNA for serving as a key role for Health Education Development for Teacher Education in Cambodia. I hope our lecturers can learn new knowledge and skills from this training workshop building their capacity to perform their teaching in this health education course to student teachers with the quality and effectiveness responding to the TEC missions.

Please allow me to introduce myself. I'm Bin Chum, the Director of Battambang Teacher Education College. It is a pleasure for me to be a part of this project. I am overjoyed that Tokyo Gakugei University has chosen eight BTEC lecturers to participate in this training course on developing curriculum and health education training. I'd like to thank Tokyo Gakugei University for their support and for taking the time to create a new syllabus for the health education topic of course syllabus for student teacher 12+4 (Primary Education and Lower Secondary Education) in year 4. Furthermore, I would like to encourage all lecturers to participate in this training with enthusiasm and to work together effectively.



**Dr. Set Seng**  
Director of Phnom Penh  
Teacher Education College



**Dr. Bin Chum**  
Director of Battambang  
Teacher Education College

## School Health 3<sup>rd</sup> WS Report

(Yuuka MASUKO, Thay Sokheng)

Tokyo Gakugei University held a 3rd School Health Workshop on March 29th and 30th 2021 on the topic "Child growth and development" and "Lifestyle and health" participate by 16 lecturers and management team from both Phnom Penh and Battambang Teacher Education College which conducted by Japanese professors through online. Both topics are very important for health education. Moreover, participants had active discussions in order to understand more details. It was a good opportunity for lectures to learn and gain new knowledge about School Health and also for Japanese project members to know more about Cambodia's culture and lifestyle throughout this workshop.



**Ms. Chhum Kunthy**  
PTEC

Thank for all the professors and staff who organized this health education program and shared their good knowledge and experience from Japanese professors. I really got and learned a lot of new knowledge from this online workshop. Thank you.



**Mr. Mao Veasna**  
BTEC

I noticed that the workshop process went smoothly, the lecturer explained the lesson easily and acted on the lesson content clearly and very relevant, which made the learners want to learn more.

## Greetings from TGU Student

Two students at Tokyo Gakugei University who are interested in global health assist this project. Their major is Nursing Education and they study to be a teacher in charge of school health called “Yogo teacher” in Japanese. Here they will introduce themselves and what Yogo teacher is.

Left: Akari Right: Aoi



My name is Akari Ito. I am a sophomore at Tokyo Gakugei University and majoring Nursing education. I graduated from Lexington high school in the United States in 2019. The reason why I join this project is that global issues are a part of my interest. Also, I was looking for something that I can practice my English. Around the time, I heard that Prof. Asakura is looking for some students to assist this project, and I contacted him to join it.

From my experience at schools in Japan and the United States, both Yogo teachers and school nurses have pros and cons and it is hard to decide which job is better than the other. However, the biggest difference is that Yogo teacher is one of the educators and the school nurse is one of the medical workers. A nursing certificate is not necessary to become a Yogo teacher. Therefore, the Yogo teachers’ knowledge in medical field may be less than nurses. Despite that, I chose a Yogo teacher over a school nurse as my dream because the focus of Yogo teachers is to support and educate students. One of the Yogo teachers’ jobs is health education. Health is a very fundamental thing for our well-being and providing information about health from an early age will leave a positive impact on students. Furthermore, children in Japan face many complicated issues that have deep connections with their mental health. Therefore, Yogo teachers often are needed to play a role as counselors for students. When it comes to treating students with health complaints, it is important to evaluate students’ states not only from the medical standpoint but also from various and wide perspectives.

I’m Aoi Michishita, and a sophomore at Tokyo Gakugei University. I study to become Yogo teacher in major of Nursing Education, Faculty of Education. When I was a junior high school student, I was interested in the international cooperation like UNICEF. However, I couldn’t do anything about it. When I was a first-year student at university, I heard about this project. I participated in it because I want to try.

Every Japanese school has a health room and students can receive both physical and mental care by Yogo teacher. Yogo teacher is a teacher who promotes health of children and works educationally. Yogo teacher plays the only role in school and its job is uniquely found in Japan. When a boy injured his knee, Yogo teacher doesn’t only treat his injury, but also teaches how a wound heals. That makes him understand his mechanism of the human body and learn how to be responsible for his health. Yogo teachers’ job also includes classing on health and on nutrition. Since I need to be familiar with medicine, nutrition and health information to work as Yogo teacher, I study hard at the university.



## The Nippon Foundation member



### Yuji MORI

Executive Director

It is my great hope that health education will be properly provided to the school children by all of you in the future. These children will be the energy of nation building in Cambodia.



### James HUFFMAN

Program Director

Roles: Team leader responsible for projects and programs in Southeast and Central Asia. By raising the general level of health and sanitation of the population, health education has a deeper impact on a nation's development than almost any other field. We are proud to be a part of this important initiative in Cambodia.



### Hitomi NOMIYAMA

Project Coordinator

Roles: School Health Project in Cambodia and Peace Building Project in Myanmar. TNF has been subsidizing Tokyo Gakugei University and truly expect that you will take a great part in improving school health in Cambodia. I’d love to talk with you if you are interested in TNF!

## Project members in Japan

These Japanese teachers are writing textbook for primary education course of TEC. They will join workshops as a lecturer from now on and visit Cambodia after COVID-19 pandemic ends.



**Takashi ASAKURA**  
**Professor, Project leader**

Faculty of Education, Tokyo Gakugei University

Field: Global School Health, Mental Health, Sociology of Health

Research theme: Social determinants of health, Psychosocial well-being of children and adolescents

I had been working for Tokyo Gakugei University over 30 years since my graduation from Tokyo University. Now I am an emeritus professor. I enjoy working on this project.



**Haruka SUZUKI**  
**Research Assistant**

Faculty of Education, Tokyo Gakugei University

I have an experience in working in Laos for 2 years as a JICA volunteer. South-east Asia is the field that I'm interested in. It is an honor to be involved in this project. I've been to Cambodia only twice. I'd like to get to know about Cambodia through talking with you. I hope to see you all in person!



**Hirofumi MONOBE**  
**Professor**

College of Education, Yokohama National University

Field: Health education, School health

Research theme: Health and safety qualities and abilities of Teachers

I studied at Tokyo Gakugei University for nine years of bachelor's, master's, and doctoral programs. I enjoyed having a workshop with you. Everyone was so hard and lovely! Thank you!



**Naoko AOYAGI**  
**Professor**

College of Education, Ibaraki University

Field: Environmental physiology, Health Science

Research theme: Elucidation of the mechanism and function of biological rhythms in humans

I graduated from Tokyo Gakugei University. I look forward to discussing school health at the 4th workshop.



**Sadako NAKAMURA**  
**Professor**

Graduate School of Human Life Sciences/Dept. Food Science, Jumonji University

Field: Nutritional physiology and biochemistry

Research theme: Evaluation of safety and finding out of novel physiological functions in nondigestible saccharides

My supervisor was Prof. Asakura when I was a graduate student. I appreciate that I had the opportunity to learn a lot in the last WS.



**Chikage SAITO**  
**Associate Professor**

Faculty of Education, Saitama University

Field: Yogo teacher education, School health

Research theme: Current status and problems of Yogo practical training

I took my master's degree at Tokyo Gakugei University. Thank you for your help in the workshop. And Let's continue to think about children's health together. I want to go to Cambodia someday!

## Thank you for reading the newsletter vol.2!

How was the newsletter vol.2? Please let us know your comments for this newsletter through telegram or any other ways! Or if you have any topics you are interested in, we'd like to pick them up in next newsletter.

We have the COVID-19 pandemic problem for over a year but we still don't know when things get back to normal. Anyway, please take care of yourself and stay positive!

